

SWIFT SWIMMERS



NEWSLETTER

MARCH
2025

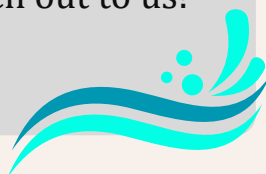
Learn to Swim Programme

As you have hopefully seen, we will be introducing our new bespoke Learn to Swim Programme across all our venues in the coming weeks!

Our new program is designed with your swimmer's development as the top priority. It focuses on FUNdamental movement skills tailored to children at various stages of growth, while seamlessly integrating the introduction and progression of Core Aquatic Skills.

Early stages introduce all four strokes, ensuring strong technical development as your swimmer advances through the levels. As they progress, the program also incorporates skills from other aquatic disciplines, setting them up for a lifetime of enjoyment and participation in any aquatic setting they choose.

We are super excited to kick start our new programme with your swimmers and we ask if you have any questions regarding the changes, please reach out to us!



Fundraiser

On the 8th March one of our lovely swimmers at Keech is doing a charity swim, her goal is to complete 10 lengths for her 10th birthday!

When her mum asked her what she wants for her birthday, she said I want to swim 10 lengths for for the NICU department at the L&D hospital ❤️

<https://gofund.me/b4e9ef82>



Swift Training Academy

Do you know someone 16+ who would like to kick start their career in leisure, or looking for something to do over the school holidays?

The National Pool Lifeguard Qualification (NPLQ) course is the most widely recognised lifeguard qualification in the UK & Ireland. This course is an excellent starting point for anyone looking for a career in leisure, or a part time job to see them through college or university!

This qualification is now officially registered with UCAS and carries 8 UCAS tariff points! We have the below courses running throughout the rest of 2025:

17-21st Feb- NPLQ- Bedford
7-11th April- NPLQ- Luton
14-18th July- NPLQ- Bedford
28-1st Aug- NPLQ- Luton
29-2nd Aug- NPLQ- St Albans
27-31st Oct- NPLQ- Luton

